

## Going It Too Hard

We are inclined nowadays to "go it too hard;" to overwork, worry, eat and drink too much, and to neglect our rest and sleep. This fills the blood with uric acid. The kidneys weaken and then it's a siege of backache, dizzy, nervous spells, rheumatic pains and distressing urinary disorders. Don't wait for worse troubles. Strengthen the kidneys. Use Doan's Kidney Pills.

### A New Mexico Case

J. T. Bandoval, 115 Ortiz St., Santa Fe, N. Mex., says: "I suffered terribly from a dull, heavy pain in the small of my back and it was worse when I took cold. The trouble came on after an attack of malaria. My bladder was inflamed and the kidney secretions were discolored and acrid in passage. Nothing helped me until I used Doan's Kidney Pills. I recommend them highly."

Get Doan's at Any Store, 50c a Box

**DOAN'S KIDNEY PILLS**  
FOSTER-MILBURN CO., BUFFALO, N. Y.



## BLACK LEG

**LOSSES SURELY PREVENTED**  
by Cutler's Blacking Pills. Leg-ions of foot trouble because they prevent where after business all. Write for booklet and testimonials. 10-cent box. Blacking Pills \$1.00. 20-cent box. Blacking Pills \$2.00. For any further, but Cutler's best. The superiority of Cutler's products is due to over 15 years of specializing in remedies and services only. Write to Cutler & Co., 1111 Broadway, New York City.

**PARKER'S HAIR BALM**  
A hair preparation of merit. Helps to eradicate dandruff. For restoring color and beauty to Gray or Faded Hair. 50c and \$1.00 at drug stores.

## SERENADERS IN HARD LUCK

Princeton Students Meant Well, but Evidently It Was Not Their Night to Make a "Hit."

One night not long ago four Princeton boys went gayly forth to serenade two belles of the town. Arrived at the house of the fair ones, they took their stand under the correct window, as they thought, and for some time made the night more or less melodious.

They were just preparing to leave when a door opened and the jolly old father of the girls appeared. Had it been light they might possibly have seen a twinkle in his eye.

"Boys," said he, "we are much obliged. That is, I am much obliged, for I happen to be alone tonight. I am sorry to say that the family's in New York, but I thank you for coming. Maybe if you come again you'll have better luck. But in the name of old Princeton, boys, if you do come when the girls are here, don't play to the bathroom window!"

### Noncommittal.

She—Do you believe in church lotteries?

He—Well, I was married in church.—Philadelphia Ledger.

It's awfully hard to give away some of the things you want to get rid of.

Philadelphia has ten troops of girl scouts.

### HARD ON CHILDREN

When Teacher Has Coffee Habit.

"Best is best, and best will ever live." When a person feels this way about Postum they are glad to give testimony for the benefit of others.

A school teacher down in Miss. says: "I had been a coffee drinker since my childhood, and the last few years it had injured me seriously."

"One cup of coffee taken at breakfast would cause me to become so nervous that I could scarcely go through with the day's duties, and this nervousness was often accompanied by deep depression of spirits and heart palpitation."

"I am a teacher by profession, and when under the influence of coffee had to struggle against crossness when in the school room."

"When talking this over with my physician, he suggested that I try Postum, so I purchased a package and made it carefully according to directions; found it excellent of flavor, and nourishing."

"In a short time I noticed very gratifying effects. My nervousness disappeared. I was not irritated by my pupils, life seemed full of sunshine, and my heart troubled me no longer."

"I attribute my change in health and spirits to Postum alone."

Name given by Postum Co., Battle Creek, Mich.

Postum comes in two forms: Postum Cereal—the original form—must be well boiled. 16c and 25c packages.

Instant Postum—a soluble powder—dissolves quickly in a cup of hot water, and, with cream and sugar, makes a delicious beverage instantly. 30c and 50c tins.

Both kinds are equally delicious and cost about the same per cup.

"There's a Reason" for Postum.

—sold by Grocers.

## NEWS TO DATE IN PARAGRAPHS

CAUGHT FROM THE NETWORK OF WIRES ROUND ABOUT THE WORLD.

## DURING THE PAST WEEK

RECORD OF IMPORTANT EVENTS CONDENSED FOR BUSY PEOPLE.

Western Newspaper Union News Service.

### ABOUT THE WAR

Great Britain has formally declared war on Bulgaria.

Martial law has been proclaimed throughout Greek Macedonia.

The British steamer Salerno has been sunk. The crew was saved.

Bulgaria has definitely thrown in her lot with Germany, Austria and Turkey.

Fifty-five persons were killed and 114 injured in the Zeppelin raid over London.

The British steamer Halkonnes of 5,093 tons gross has been sunk. Her crew was saved.

Guaymas, Sonora, the only port on the west coast under Villa control, has fallen to Carranza forces.

Bulgarians have captured the passes between Bjelogradic and Knjazevac, announced the war office at Berlin.

Italy will send 150,000 men to the Balkans, according to information received by the Excelsior, of Paris.

Austrian troops have stormed and taken the Serbian positions of Brno, Bordo, Cunak and Stazard, the Serbians suffering heavy losses.

Losses of the Austro-German forces on the northern front of Serbia have totaled 20,000 killed and 40,000 wounded, according to the latest reports received at Serbian headquarters in Nish.

From all the battle fronts come news of continued fighting, but from none of them has been received any indication of victories or reverses which would make a marked change in the general situation.

The total of British casualties at the Dardanelles up to Oct. 9, according to official figures, was 96,899. Of this total the number of men killed was 19,957, of whom 1,185 were officers. Casualties of the Australasian contingents were 29,121.

The Bulgarian minister notified the Greek government that Bulgaria had declared war on Serbia because a Serbian column had attacked the Bulgarians near Kostendil (southwest Bulgaria), killing seventy men and wounding 500.

### WESTERN

Cabaret performances in Minneapolis cafes will be prohibited after Nov. 1.

At Omaha Jack Shwichtenberg, a grain speculator, shot and killed his wife and then committed suicide.

The peace committee elected by the striking copper miners of the Clifton, Ariz., district, arrived at El Paso, Tex., for a conference with the mine managers.

Gen. Venustiano Carranza entered Tampico on the flagship of the Mexican navy while the whistles of every boat in the harbor added their welcome to the official salute fired as he walked down the gang-plank.

Dan Parker, a negro, and T. Ohama, a Japanese, who have been in the state penitentiary at Rawlins, Wyo., for several weeks, under sentence to be hanged Oct. 28, will live until next May at least, Judge John R. Arnold of the Lincoln County District Court having issued a stay of execution until the May term of court.

The federal grand jury, which completed its two weeks' session at Pueblo for the Colorado district, returned more than a dozen indictments of statewide interest. Chief among them were those against W. B. and Coney C. Slaughter, president and cashier respectively of the now closed Mercantile National Bank of Pueblo.

### WASHINGTON

President Wilson appointed Edward White of California commissioner of immigration at San Francisco.

A license to marry his stepmother, Mrs. Laura E. Thomas, was denied to Albert E. Thomas of Coatesville, Pa.

State Department advices from Sweden reported five German vessels sunk in the Baltic sea by submarines.

Four hundred million dollars for national defense—an increase of approximately \$140,000,000 over last year—constitutes the amount which President Wilson and his advisers at present estimate should be appropriated by the next Congress for the army and navy.

### FOREIGN

Henri Febre, the entomologist, is dead. He was born in France in 1823.

King Constantine of Greece is ill and confined to his room, says a dispatch from Athens.

Reports that a serious epidemic of cholera is raging at Kiel, the German naval base, are denied at Berlin.

Foreign Minister Delcasse's resignation was announced officially to the ministers' council by Premier Viviani in Paris.

The will of Premier Eyschen of Luxembourg bequeaths his entire fortune to the state to promote education in political economy.

The Berlin Reichsanzeiger announces the engagement of Prince Joachim, youngest son of Emperor William, and Princess Marie Augustine, daughter of Prince Edward of Anhalt.

The German steamer Walter Leonhardt of 1,261 tons gross, was blown up and sunk in the Baltic by a British submarine after her crew had been permitted to take to the small boats.

The Aftonbaidet's frontier correspondent says a naval fight has occurred near Porkala, in the gulf of Finland. One cruiser is reported to have been sunk and another heavily damaged.

The death of Archduke Ludwig Salvator of Austria at Brandels castle, on the Eibe, is announced by German newspapers. He was 68 years old. The archduke was known chiefly as an explorer and scientist.

The Rev. Ernest Houghton, a Bristol rector, has started an appeal to patriotic women of the nation to give their lives to ameliorate the condition of maimed heroes of the war by marrying them. He has launched a "league for the marrying of broken heroes."

At Como, Italy, Micalli Picardi, counsel for Porter Charlton, the young American accused of murdering his wife at Lake Como, again has asked for a postponement of Charlton's trial on the murder charge, as the attorney has not had sufficient time to study the case, having been indisposed in Rome.

### SPORTING NEWS

Eddie Johnson, the Pueblo welter, and Dick Wells of Cincinnati, will come together in a twenty-round clash at the Smelter City on Oct. 25.

The University of Minnesota senate committee on athletics has decided to recommend the abolition of intercollegiate baseball at the university.

At New Market, England, Son-in-Law, an outsider in the betting, won the Cesarewitch stakes, a handicap for 3-year-olds and upwards. Eucalure finished second.

A mile trot against time in 2:08 and a mile pacing heat in 2:05, both new track records, were spectacular features of the last day of the fall races at Overland Park, Denver.

At Philadelphia a home run clouted over the center field fence by Harry Hooper, Capitola, California's favorite son, put a clincher on the claim of the Boston American League Club to the baseball championship of the world.

The forty-third annual meeting of the Kentucky Trotting Horse Breeders' Association closed at Lexington, with the finish of the second division of the 2:10 pace, May Direct winning the third heat and the race, the second heat having gone to Patrick M.

### GENERAL

Orville Wright has sold his entire interest in the Wright Aeroplane Company at Dayton, Ohio, to a syndicate.

More than 200 persons in Salvador lost their lives during the last seven weeks as a result of frequent earthquake shocks.

Gen. Rodolfo Fierro, chief of Villa generals, is dead, according to a confirmed report reaching El Paso, Tex., from Casas Grandes.

A vigorous plea for a navy which would make the United States able to face any other world power and a \$40,000,000 merchant marine to be used as a naval auxiliary in case of war, was made by William G. McAdoo, secretary of the treasury, in an address before the Kansas City Commercial Club.

Asserting that she was penniless and had been deserted by her husband, Mrs. Effie Kingsbury arrived in Denver from Rock Springs, Wyo. She carried a wee bit of a girl-baby in her arms. Upon inquiry officers found that the baby was only two weeks old and weighed just one pound for each week that it had lived.

Confiscation of foreign owned mining property in Chihuahua state, confiscation of huge herds of foreign owned cattle, a demand that the American Smelter and Refining Company smelt and coin "government ores," beginning Oct. 15, the task of persuading 500 Mormons of the Casas Grandes district to leave the country, where Villa's troops are mobilizing, were problems that confronted State Department officials at El Paso, Tex.

## SWAMP-ROOT SAVES KIDNEY SUFFERERS

You naturally feel secure when you know that Dr. Kilmer's Swamp-Root, the great kidney, liver and bladder remedy, is absolutely pure and contains no harmful or habit producing drugs.

The same standard of purity, strength and excellence, prescribed by Dr. Kilmer many years ago, is maintained in every bottle of Swamp-Root.

Swamp-Root is scientifically compounded from vegetable herbs. It is not a stimulant and is taken in teaspoonful doses. It is not recommended for everything. According to verified testimony it is nature's great helper in relieving and overcoming kidney, liver and bladder troubles.

If you suffer, don't delay another day. Go to your nearest druggist now and get a bottle. All drug stores sell it in two sizes—fifty cents and one dollar.

However, if you wish first to try this great preparation send ten cents to Dr. Kilmer & Co., Binghamton, N. Y., for a sample bottle. When writing be sure and mention this paper.—Adv.

### Fixing Her.

"That vivacious Miss Oldgirl isn't very friendly to you, is she?"

"No. I think she and mother quarreled over something one time when mother was a girl."

### TOUCHES OF ECZEMA

At Once Relieved by Cuticura Quite Easily. Trial Free.

The Soap to cleanse and purify, the Ointment to soothe and heal. Nothing better than these fragrant super-creamy emollients for all troubles affecting the skin, scalp, hair and hands. They mean a clear skin, clean scalp, good hair and soft, white hands.

Sample each free by mail with Book. Address postcard, Cuticura, Dept. XY, Boston. Sold everywhere.—Adv.

Many a man fails to arrive because he started with cold feet.

## WOMAN REFUSES OPERATION

Tells How She Was Saved by Taking Lydia E. Pinkham's Vegetable Compound.

Louisville, Ky.—"I think if more suffering women would take Lydia E. Pinkham's Vegetable Compound they would enjoy better health. I suffered from a female trouble, and the doctors decided I had a tumorous growth and would have to be operated upon, but I refused as I do not believe in operations. I had fainting spells, bloated, and could hardly stand the pain in my left side. My husband insisted that I try Lydia E. Pinkham's Vegetable Compound, and I am so thankful I did, for I am now a well woman. I sleep better, do all my housework and take long walks. I never fail to praise Lydia E. Pinkham's Vegetable Compound for my good health."—Mrs. J. M. Rensch, 1900 West Broadway, Louisville, Ky.



Since we guarantee that all testimonials which we publish are genuine, it is not fair to suppose that if Lydia E. Pinkham's Vegetable Compound has the virtue to help these women it will help any other woman who is suffering in a like manner?

If you are ill do not drag along until an operation is necessary, but at once take Lydia E. Pinkham's Vegetable Compound.

Write to Lydia E. Pinkham Medicine Co., (confidential) Lynn, Mass. Your letter will be opened, read and answered by a woman and held in strict confidence.

## Children Cry for Fletcher's

# CASTORIA

The Kind You Have Always Bought, and which has been in use for over 30 years, has borne the signature of *Chas. H. Fletcher* and has been made under his personal supervision since its infancy. Allow no one to deceive you in this. All Counterfeits, Imitations and "Just-as-good" are but experiments that trifle with and endanger the health of Infants and Children—Experience against Experiment.

## What is CASTORIA

Castoria is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrups. It is pleasant. It contains neither Opium, Morphine nor other Narcotic substance. Its age is its guarantee. It destroys Worms and allays Feverishness. For more than thirty years it has been in constant use for the relief of Constipation, Flatulency, Wind Colic, all Teething Troubles and Diarrhoea. It regulates the Stomach and Bowels, assimilates the Food, giving healthy and natural sleep. The Children's Panacea—The Mother's Friend.

## GENUINE CASTORIA ALWAYS

Bears the Signature of

*Chas. H. Fletcher*

In Use For Over 30 Years

The Kind You Have Always Bought

THE CENTAUR COMPANY, NEW YORK CITY.

### Fine for Her.

"Of course, Mary, I might as well tell you we are vegetarians."

"That'll be fine, m'am. I lost my last place for burning the meat."

People walk over my pet beliefs with the careless indifference with which a cow walks over my garden.

The legal status of women in medicine is absolutely as that of men.

If you wish beautiful, clear white clothes, use Red Cross Bag Blue. At all good grocers. Adv.

Some men can't even blame cigarettes for their failure to make good.

## Purity Guaranteed

under all State and National Pure Food Laws. You can pay a higher price, but you cannot get a baking powder that will raise nicer, lighter biscuits, cakes and pastry, or that is any more healthful.

Your money back if K C fails to please you. Try a can at our risk.

